

# **Are You Hungry?**

Do you need help locating food assistance programs in Barry County? If so, this may help!

# FOOD PANTRIES

First United Methodist Church, Hastings Faith United Methodist Church, Delton United Methodist Church, Middleville Dowling Country Chapel St. Ambrose Church, Delton Call Barry County Cares to access these pantries at (269) 948-9555 (Open 9am-1pm, Monday - Friday)

Orangeville Baptist Church, (269) 664-4377 Orangeville Community Outreach, (269) 664-5962 Manna's Market - Lake Odessa (269) 838-5887 *Monday - 10am to 2pm Thursday - 4pm to 7pm* 

*Friday - 10am to 12pm & 5pm to 7pm* Thornapple Valley Church, (269) 948-2549 Lakewood Community Council, (616) 374-3117

# **OTHER SERVICES**

### Department of Health & Human Services, (269) 948-3200

**Community Action**, (877) 422-2726 Commodity Supplemental Food Program & Emergency Food Assistance Program for those who quality.

#### WIC

Barry-Eaton Health Department, (269) 945-9516

#### Project FRESH

WIC qualified & senior citizens receive coupons for fresh produce locally grown.
\* Summer months only \*
WIC Office, (269) 945-9516
Seniors - Commission on Aging, (269) 948-4856

**Commission on Aging**, (269) 948-4856 Meals On Wheels & Emergency food pantry for seniors.



# FRESH FOOD INITIATIVES

## **Tuesday Distribution:**

Maple Valley Community Center of Hope, Nashville \*\* Maple Valley School District \*\* Every week from 9:30-10:30am, (517) 852-0664

Middleville Local #1002 3rd Tuesday at 4pm, (269) 795-9581

## Wednesday Distribution:

First United Methodist Church, Hastings Run by Barry County United Way Every week at 9am, (269) 945-4010

Soups On, St. Francis Church, Shelbyville Every week from 7-9am, (269) 664-5962

Freeport United Methodist Church, Freeport 3rd Wednesday at 10am, (616) 813-6975

# SOUP KITCHEN/DINNER

## **Tuesday:**

*Share the Light Soup Kitchen,* (269) 945-9574 First United Methodist Church, Hastings Every Tuesday evening from 5-6pm

*Gun Lake Community Church*, (269) 795-7903 12200 W. M-179, North side of Gun Lake Every Tuesday evening from 5-6:30pm

# **NUTRITION EDUCATION PROGRAM**

*MSU*-Extension Lisa Thatcher, (269) 945-1388

Free program to those who qualify. The program helps with food budgets & shopping skills, encourages nutritious meal choices & ways to prepare healthy meals.

