



# Are You Hungry?

Do you need help locating food assistance programs in Barry County?  
If so, this may help!

## FOOD PANTRIES

First United Methodist Church, Hastings  
Faith United Methodist Church, Delton  
United Methodist Church, Middleville  
Dowling Country Chapel  
Thornapple Valley Church  
**Call Barry County Cares to access these pantries at (269) 948-9555**  
**(Open 9am-1pm, Monday - Friday)**

Orangeville Baptist Church, (269) 664-4377  
Orangeville Community Outreach, (269) 664-5962  
Manna's Market - Lake Odessa (269) 838-5887  
Monday - 10am to 2pm  
Thursday - 4pm to 7pm  
Friday - 10am to 12pm & 5pm to 7pm  
Lakewood Community Council, (616) 374-3117

## OTHER SERVICES

**Department of Health & Human Services**, (269) 948-3200

**Community Action**, (877) 422-2726  
Commodity Supplemental Food Program &  
Emergency Food Assistance Program for those  
who qualify.

### **WIC**

Barry-Eaton Health Department, (269) 945-9516

### **Project FRESH**

WIC qualified & senior citizens receive coupons  
for fresh produce locally grown.

\* Summer months only \*

WIC Office, (269) 945-9516

Seniors - Commission on Aging, (269) 948-4856

**Commission on Aging**, (269) 948-4856

Meals On Wheels & Emergency food pantry for seniors.

## FRESH FOOD INITIATIVES

### **Tuesday Distribution:**

Maple Valley Community Center of Hope, Nashville  
\*\* Maple Valley School District \*\*  
Every week from 9:30-10:30am, (517) 852-0664

Middleville Local #1002  
3rd Tuesday at 4pm, (269) 795-9581

### **Wednesday Distribution:**

First United Methodist Church, Hastings  
Run by Barry County United Way  
Every week at 9am, (269) 945-4010

Soups On, St. Francis Church, Shelbyville  
Every 1st & 3rd Wednesday from 7-9am  
(616) 813-6975

Freeport United Methodist Church, Freeport  
3rd Wednesday at 10am, (616) 765-5316

## SOUP KITCHEN/DINNER

### **Tuesday:**

**Share the Light Soup Kitchen**, (269) 945-9574  
First United Methodist Church, Hastings  
Every Tuesday evening from 5-6pm

**Gun Lake Community Church**, (269) 795-7903  
12200 W. M-179, North side of Gun Lake  
Every Tuesday evening from 5-6:30pm

## NUTRITION EDUCATION PROGRAM

MSU-Extension  
Lisa Thatcher, (269) 945-1388

Free program to those who qualify.  
The program helps with food budgets &  
shopping skills, encourages nutritious meal  
choices & ways to prepare healthy meals.