

Recovery Resources

AA Online Meetings Directory

<http://aa-intergroup.org/directory.php>

NA Online Meetings Directory

<https://www.na.org/meetingsearch/text-results.php?country=Web&state&city&zip&street&within=5&day=0&lang&orderby=distance>

Refuge Recovery

Refugerecovery.org

(Find "All Online Meetings" in the meetings menu on the website)

Smart Recovery

<https://www.smartrecovery.org/community/>

White Bison/wellbriety

whitebison.org

In The Rooms

Intherooms.com

Lion Rock

Lionrockrecovery.com

(Recovery Dharma, AA, 12 Step, Al-Anon, four agreements workshop, ETC....)

12 Step

12step.org

(Computer and gaming addicts anonymous, Debtors Anonymous, Marijuana Anonymous, NA, Recovery Realm ETC...)

Thetemper.com
(has links to the top 25 sober communities beyond traditional AA)

Thedailypledge.org

Kinbaddarma.com

Weconnectrecovery.com

Recoverydharma.org

12stepforums.net

lifeRing.org

Buddistrecovery.org

Recoveryinternational.org

Cosa-recovery.org

Recoverytexas.org

(The sites that aren't lit in blue can be copy and pasted into your browser, or you can just type them into google, you can also put "online recovery" into your search bar and that will bring up a lot of different options.)

For Android Users:

Many Meditation Apps On Google Play

(Directions- Go to your google play app and search "Meditation Apps" and multiple should pop up for you to choose from!)

Many Recovery Apps on Google Play

(Directions- Go to your google play app and search “recovery apps for addiction” and multiple should pop up for you to choose from!)

For Apple Users:

Many Meditation apps on the App Store

(Directions- Go to your App Store and search “Meditation Apps” and multiple should pop up for you to choose from!)

Many Recovery Apps on the App Store

(Directions- Go to your App Store and search “Meditation Apps” and multiple should pop up for you to choose from!)